

ANTEPROGRAM

DATE: 11th and 12th February 2017

VENUE: Rio Lima, Viana do Castelo, GPS Coordinates: 41°41'48.9"N8°48'39.6"W

1. SCHEDULE:

Saturday (11 th February): 12:00h: Lunch 13:30h: Meeting of delegates (Rowing Centre) 15:00h: Racing Sprint: 400 m Dock Ship "Gil Eanes" 19:30h: Dinner	Sunday (12 th February): 11:30h: Lunch 13:30h: Briefing of Delegates (Rowing Centre) 14:30h: Head Regatta 6.5 km - Circuit between Bridges 16:00h: Awards/Closing Ceremony
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2. ORGANIZATION'S RULES

- The race will follow the National Portuguese Rules of Racing (RNR);

3. RACE TYPE:

- Saturday, 11th February - (400m Sprint Racing)

Note: Results will determine starting order exits in Sunday's race

- Sunday, 12th February - (6500m Circuit Between Bridges) Time Trial - every 30 seconds

Note: In the event of more than one crew finishing with same time, results of sprint race will be used as tiebreaker

4. AWARDS:

- Collective trophies -Trophies awarded by the sum of points from the 4 races: (8 + AbsM; 8 + JunM; 4xAbsW and 4xJunW); Only the 1st finisher of each club will count towards the club total.

- Medals awarded to first three finishers, in each category

- Participation medals for all participants, excluding first three finishers

- **PRIZE MONEY:** 8+ ABSM: **1 €** -500; **2 €** -250; **3 €** -200;

4x ABSF: **1 €** -250; **2 €** -125; **3 €** -100.

5. MEETING OF DELEGATES and BRIEFING:

- 11th February 13: 30h Meeting of Delegates at Rowing Centre (Delegates, 8+ Cox and 4x Captains)

- 12th February 13: 30h Briefing at the Rowing Centre (Delegates, 8+ Cox and 4x Captains)

- **Cox Weighing** to be held after delegates meeting (Saturday) and after briefing (Sunday) at Rowing Centre before the start of regattas. (If necessary, we can find you a COX).

6. REGISTRATION:

- Via email: vianaremadorsdolima@gmail.com;

- Entries close on **30th January 2017**;

- Draw and draft program: **February 3rd, 2017**;

- Draft program sent to clubs: **February 6th, 2017**;

- All entries of national teams, foreign teams and mixed foreign teams must contain the names of all athletes per crew

- All athletes must be registered in their National Federation for the present season and have valid sport insurance.



IV INTERNATIONAL ROWING REGATTA

- CENTRO DE MAR -



Rowing categories:

- 8+ Men Absolute (junior / senior / veterans) (17 or + years)
- 8+ Men Junior (17/18 years)
- 4x Women Absolute (junior / senior / veterans) (17 or + years)
- 4x Women Junior (17/18 years)

7. JURY and REFEREE: Portuguese Rowing Federation

8. Traveling: We ensure you the travelling from and to Oporto airport, Friday and Sunday respectively.

9. ACCOMMODATION: Location to be later reported (Provided accommodation if previously requested by club attendant)

10. MEALS: Location to be later reported (Meals will be provided between Friday's dinner and Sunday's lunch)

11. SAFETY on LAND and RIVER:

- Medical service, rescue and surveillance available from 30' before first race until the last one
- Location: Near embankment area (Rowing Centre)
- Means of surveillance on river: Maritime Police
- Emergency medical services: Ambulance, rescue boat.

12. GENERAL NOTES:

- Each crew will be allocated a boat if previously requested;
- No changes will be allowed to the program;
- All athletes must be ID holders
- The missing cases will be resolved by the organization taking into account the FISA regulations.

ORGANIZATION: VIANA REMADORES do LIMA; CITY HALL OF VIANA DO CASTELO; PORTUGAL ROWING FEDERATION; NORTH OF PORTUGAL ROWING ASSOCIATION.

CONTACTS:

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